ICD-10 Diagnosis Documentation Tips – Rheumatology

ICD-10 Code Expansion:

❖ ANATOMIC SPECIFICITY & LATERALITY

➢ Effusion ankle and foot
  ▪ ICD-9 – one code
  ▪ ICD-10 – six (6) codes
    • Ankle and foot separated (2 options)
    • R, L, unspecified (3 options)

  \[2 \times 3 = 6 \text{ specific codes}\]

➢ Example: Facet syndrome
  ▪ ICD-9 one code
  ▪ ICD-10 nine (9) codes, based on improved anatomic specificity
    • Occipito-atlanto-axial, cervical, cervico-thoracic, thoracic, TL, lumbar, LS, sacral & SC, unspecified

Gout: a great example of code expansion

❖ ICD-9: 4 codes

❖ ICD-10: \textbf{363 codes}

➢ Axes of classification: each axis multiplies number of codes
  ▪ \textit{Type}: acute or chronic
  ▪ \textit{Etiology}: idiopathic, lead-induced, drug-induced, due to renal impairment, other secondary, unspecified
  ▪ \textit{Anatomic Location}: Shoulder, elbow, wrist, hand, hip, etc.
  ▪ \textit{Laterality}: Right, left, unspecified
  ▪ \textit{Tophus}: present or absent (only for chronic type)

➢ Example
  • Chronic gout \(\text{M1A.}\)
  • Idiopathic \(\text{M1A.0}\)
  • Elbow \(\text{M1A.02}\)
  • Left \(\text{M1A.022}\)
  • With tophus \(\text{M1A.0221}\)
**Rheumatoid Arthritis and other Polyarthropathis**: code expansion

- **ICD-9**: 11 codes
- **ICD-10**: *451 codes*

  - Axes of classification: each axis multiplies number of codes
    - **Type**: RA with rheumatoid factor, other rheumatoid arthritis, enteropathic arthropathies, juvenile arthritis
    - **Subtype**: Felty’s syndrome, rheumatoid lung disease, vasculitis, heart disease, myopathy, polyneuropathy, other organs, etc.
    - **Anatomic Location**: Shoulder, elbow, wrist, hand, hip, etc.
    - **Laterality**: Right, left, unspecified

  - Example
    - RA with rheumatoid factor: M05.
    - Rheumatoid heart disease with RA: M05.3
    - Elbow: M05.32
    - Left: M05.322

**Myalgia and Myositis (include fibromyalgia)**: code expansion

- **ICD-9**: one code “Myalgia and myositis”
- **ICD-10**: *27 codes*

  - Other myositis
    - Anatomic site (each with 3 subtypes for laterality): Shoulder, upper arm, forearm, hand, thigh, lower leg, ankle and foot (3)
    - Anatomic site (each without laterality): other, multiple, unspecified

  - Myositis unspecified, myalgia, fibromyalgia (one code each)