



ICD-10 Diagnosis Documentation Tips – Psychiatry and Behavioral Health

Why the number of ICD-10 codes has increased:

- ❖ **Clinical specificity:** Example: phobias
 - Agoraphobia – now includes “without panic disorder”
 - Social phobias – now “generalized” v. “unspecified”
 - Specific phobias – ICD-10 includes specific codes for: Arachnophobia, other animal phobias, fear of thunderstorms, fear of blood, injections/transfusions, other medical care, claustrophobia, acrophobia, fear of bridges, fear of flying, androphobia, gynecophobia

Pain disorder related to psychological factors (2 codes):

- ❖ Pain disorder exclusively related to psychological factors
- ❖ Pain disorder with related psychological factors
 - Central pain syndrome
 - Acute pain
 - Due to trauma, post-thoracotomy, other acute post-procedural pain
 - Chronic pain
 - Due to trauma, post-thoracotomy, other acute post-procedural pain
 - Neoplasm related pain
 - Chronic pain syndrome



Terminology Change: Attention-deficit hyperactivity disorder

- ❖ Types:
 - Predominantly inattentive type, predominantly hyperactive type, combined type, other type, unspecified

Substance abuse:

- ❖ Codes for alcohol/drug use are now classified as:
 - Abuse
 - Dependence
 - Use (not specified as abuse or dependence)
- ❖ Numerous subtypes based upon manifestation; for example alcohol dependence has 20 subtypes, including
 - In remission
 - Intoxication (uncomplicated, delirium, unspecified)
 - Withdrawal (uncomplicated, delirium, perceptual disturbance, unspecified)
 - Mood disorder
 - Psychotic disorder (delusions, hallucinations, unspecified)
 - Persisting amnesic disorder
 - Persisting dementia
 - Other disorder (anxiety, sex dysfx, sleep dis, other)

ICD-10-CM does not provide separate “history” codes for alcohol and drug abuse. Such conditions are classified as “in remission.” [if documented]