



## **ICD-10 Diagnosis Documentation Tips – Pain Management**

### **ICD-10 code expansion:**

- ❖ ICD-10 codes include LATERALITY
  - Example: Reflex Sympathetic Dystrophy [now called Complex Regional Pain Syndrome 1]
    - Codes increased by adding R, L, Bilateral, Unspecified
  - Example: Sciatica
    - R, L, unspecified
- ❖ ICD-10 codes include ANATOMIC SPECIFICITY
  - Example: Facet syndrome [ICD-9 1 code; ICD-10 9 codes]
    - Occipito-atlanto-axial, cervical, cervico-thoracic, thoracic, TL, lumbar, LS, sacral & SC, unspecified

### **Musculoskeletal code expansion:** Injuries (varies by type)

- ❖ ANATOMIC SPECIFICITY
  - Much more specificity regarding specific anatomic location
    - Example: radius and ulna rather than forearm
- ❖ ADDITIONAL INFORMATION FOR FRACTURES
  - Displacement: displaced / non-displaced
  - Open / closed
  - Laterality
- ❖ EPISODE OF CARE (the essential new addition for pain specialists)
  - Initial (open v. closed)
  - Subsequent (routine healing, delayed healing, nonunion, malunion)
  - Sequela

### **Myalgia and Myositis (include fibromyalgia):** code expansion

- ❖ ICD-9: one code “Myalgia and myositis”
- ❖ ICD-10: **27 codes**
  - Other myositis
    - Anatomic site (each with 3 subtypes for laterality): Shoulder, upper arm, forearm, hand, thigh, lower leg, ankle and foot (3)
    - Anatomic site (each without laterality): other, multiple, unspec
  - Myositis unspecified, myalgia, fibromyalgia (one code each)

## Pain disorder related to psychological factors (2 codes):

- ❖ Pain disorder exclusively related to psychological factors
  - ❖ Pain disorder with related psychological factors
    - Central pain syndrome
    - Acute pain
    - Chronic pain
    - Neoplasm related pain
    - Chronic pain syndrome
- } types

} Due to trauma, post-thoracotomy, other acute post-procedural

## ICD-10 [INPATIENT] Procedural Coding Tips – Pain Management

### Characters:

- ❖ Section – almost always medical/surgical, don't need to state
- ❖ Body system – should be self evident from your description
- ❖ Root operation – describes the intent of the procedure
  - Insertion: putting in an infusion device
  - Introduction: putting in a substance (local, steroid)
  - Destruction: neurolysis
- ❖ Body part – describe with anatomic specificity, laterality if applies
- ❖ Approach – open, percutaneous, ...
- ❖ Device – describe any device left in the patient
- ❖ Qualifier – If diagnostic procedure be sure to state so

### Complex Procedures:

- ❖ Be sure to document each separate procedure as a specific component in your procedure note
- ❖ Example: Insertion of a spinal cord neurostimulator
  - Each lead inserted is a separate procedure
  - Insertion of the stimulator generator is a procedure